



Give Us a Try

Meal price \$5.75 with Milk or 114ml Juice	Monday	Tuesday	Wednesday	Thursday	Friday
September 8 – 11 September 21 – 25 October 5 – 9 October 19-23 November 2 – 6 November 16 – 20 November 30 – December 4 December 14 – 18 January 11 – 15 January 25 – 29 February 8 – 12 February 22 – 26 March 8 – 12 March 22 – 26 April 5 – 9 April 19 – 23 May 3 – 7 May 17 – 21 May 31 – June 4 June 14 – 18	Spaghetti with Lean Meat Sauce and Veggie Stick dip OR Breadsticks	Soft Chicken Taco Mexican Rice Corn	<u>Lunchables</u> Ham Slices Cheddar Cheese Crackers Grapes Mini cookies	Homemade Hamburger Home cut baked potato sticks OR Veggie Sticks & Dip	Chicken Nuggets, Mashed Potato & Hot Vegetables
September 14 – 18 September 28 – October 2 October 12 – 16 October 26 – 30 November 9 – 13 November 23 – 27 December 7 – 11 December 21 -22 January 4 – 8 January 18 – 22 February 1 – 5 February 15 – 19 March 1 – 5 March 29 – April 2 April 12 – 16 April 26 – 30 May 10 – 14 May 24 – 28 June 7 – 11	Macaroni and Cheese Veggies and Dip OR Garlic Bread stick	1 Soft Taco Filled With Beef, Tomato and Cheese. Served with Rice and Corn	Homemade Pancakes topped with Berries Ham Slices	Baked Chicken Burger, Veggie Sticks & Dip	6" Pizza Round Fresh Fruit Salad



morning editions

Yogurt 100ml
Fresh Fruit, Banana, Apple or Orange

\$1.25
\$1.25

Start Up Menu



sweet temptations

Homemade Muffins \$1.00
Assorted 1oz Cookies \$0.75
Frozen Yogurt 115ml \$1.50
Apples Slices & Caramel \$3.00



italiano

Cheese Pizza round

\$3.85



deli

Veggies & Dip \$1.50
Baked Tortilla Chips & Salsa \$2.50
Garden Salad Deluxe \$4.00
Cheese, Crackers and fresh fruit \$4.75



four seasons

Hot Daily Meal (includes a Milk or 115ml Juice) \$5.75
Grilled Cheese Sandwich \$3.50
Chicken Snack Wrap \$3.75
 VALUE COMBO! 2 Snack Wraps \$5.00
Popcorn Chicken with Sauce \$3.50

chartwells
eat. learn. live.



drinks

250 ml white milk \$0.40
250 ml chocolate milk \$2.00
Can Juice /300ml Juice \$1.75
Box Juice (200ml) \$1.25
Frozen Juice Cup \$1.50
Water 500ml \$1.50